

# 8 Benefits of Learning a Language

1 Your intelligence increases as your brain's neuroplasticity improves

2 Your listening skills improve

3 You become more creative

4 Your memory and attention span improves

5 Your problem-solving and mental flexibility improves

6 You improve understanding of other cultures and how to communicate cross-culturally

7 Your understanding and usage of your native language improves

8 You become more employable

And it provides so many other benefits!



## References

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